



COURSE CHANGE PROPOSAL

USC Columbia, Lancaster, Salkehatchie, Sumter & Union campuses

CCP

INSTRUCTIONS: This form is used to make changes to a course number, title, 4-letter designator, credit hours, pre- or co-requisites, description, delivery location or delivery method, or to delete a course. If the change affects the interests of another unit or campus, letters of concurrence from those units must be attached. The form is available online at www.sc.edu/provost/acadprog.

Date: 8-30-2011 Campus: Columbia

College/School: Education

Department (if applicable): Physical Education and Athletic Training

Undergraduate Graduate

OLD COURSE INFORMATION

Course Designation: PEDU 650
4-letter Designator Prefix Course Number Suffix

Credit Hours: 3 Variable Fixed # Times Course Can Be Taken: 1

Course Title (24 Character limit): American Coaching Effectiveness Program

Cross-listed with which course? _____
4-letter Designator Prefix Course Number Suffix

Course Prerequisites/Corequisites: _____

Course Delivery Location: USC Campus Off-Campus site
(If an off-campus delivery change is being requested, attach a completed Off-Campus Delivery (OCD) form)

Course Delivery Method: Traditional Delivery Distance Technology Delivery (streaming video, web-based, CD/DVD)
(If distance technology delivery is being requested, attach a completed Distance Education Delivery (DED) form.)

PROPOSED CHANGE

Proposed Effective Term - Change to database/bulletin effective no sooner than:

Year: 2012 Fall Spring May Session Summer I Summer II

- Delete Course
- Change Course Title to: The Art and Science of Coaching
- Change Course Designator to: _____
- Change Course Number to: _____
- Add or Change Cross Listing: _____
- Change Credit Hours to: _____
- Change Prerequisites/Corequisites to: _____
- Change Course Description/Content *(Please attach a completed two-column Bulletin Change Form.)*
- Add or Change Delivery Location *(Please attach a completed Off-Campus Delivery (OCD) Form.)*
- Add or Change Delivery Method to Distance Education *(Please attach a completed Distance Education Delivery (DED) Form.)*
- Change Grading System to: _____
- Other Change (Specify): _____



BULLETIN CHANGE FORM

BCH

USC Columbia, Lancaster, Salkehatchie, Sumter & Union campuses

INSTRUCTIONS: This form is normally used to accompany a program or course action form. If the requested change is minor, non-substantive, or editorial, this form may be used alone without other forms. Please insert or attach the proposed language changes exactly as they are to appear in the Bulletin. A two-column format showing both the old wording (left column) and the new wording (right column) is required. This form is available online at www.sc.edu/provost/acadprog.

Date: 10-21-2011 Campus: Columbia

College/School: Education

Department (if applicable): Physical Education and Athletic Training

Degree Program (if applicable): _____

Proposed Effective Term - Change to database/bulletin effective no sooner than:

Year: 2012 Fall Spring May Session Summer I Summer II

Bulletin Version: Graduate Undergraduate Bulletin Section (if applicable): _____

Internet or web link to Bulletin Entry: http://bulletin.sc.edu/search_advanced.php?cur_cat_oid=35&search_database=Search&search

CURRENT BULLETIN LANGUAGE

(text to be deleted in new version show as strikethrough)

Please note that text should be formatted in Word to show strikethrough. Then, cut and paste the text into the space below.

~~PEDU 650 - American Coaching Effectiveness Program~~
Credits: 3

~~The skill and knowledge to conduct an effective and safe athletic program for youth~~

NEW LANGUAGE OR PROPOSED CHANGE TO BULLETIN

(new text shown as underlined)

PEDU 650- The Art and Science of Coaching (3) - The study of coaching principles and their application to sport programs across a variety of developmental levels.

CONTACT INFORMATION

Contact Person:

Eva Monsma

Print name

eavadocz@mailbox.sc.edu

Email Address

Eva Monsma
Signature

Associate Professor

Title

777-1386

Phone Number

10-21-2011

Date

REQUIRED APPROVALS (for Bulletin Changes not associated with an academic program or curriculum)

Office with Authority for Bulletin Section:

Print name

Signature

Date

Email Address

Phone Number

PEDU 650
The Art and Science of Coaching

I. Descriptive Information:

- a. Course Number and Title: PEDU 650 American Sport Education Program
- b. Bulletin Description: The skill and knowledge to conduct an effective and safe athletic program for youth.
- c. Course Credit: 3 credit hour; BPEC 135 M&W 1:25-2:40
- d. Prerequisites: Upper division undergraduate physical education major or MAT student.
- e. Intended audience: Physical education majors and athletic coaching minors
- f. Instructor: Dr. Eva Monsma
- g. Office: Blatt 218
- h. Phone: 777-1386(O) or 603-6615
- i. email: eavadocz@mailbox.sc.edu
- j. Office hours: Monday/Wednesday 11:30-1:15; Tuesdays, 2-4, or by appointment. I am always available electronically; emailing me your concerns is the most efficient way to get a response.

II. Statement of Learning Outcomes:

- a. Overview of coaching research
Coaching Principles Content:
- b. Describe effective coaching styles and develop a coaching philosophy geared at coaching for character, coaching diverse athletes, communicating with and motivating athletes and managing athletes' behavior
- c. Coach the games approach way, teach technical and tactical skills, and plan for teaching
- d. Implement training basics for energy and muscular fitness
- e. Discuss the consequences of drug use
- f. Understand how to manage relationships and risks
- g. Understand psychological characteristics of peak performance
- h. Understand factors that affect athletes (motivation, leadership, team dynamics, anxiety)
- i. Understand psychological skills to develop in athletes in order to maximize peak performance.
- j. Understand circumstances where athletes may referrals

III. Required Text and Supplemental Readings:

- a. Martins, R. (2004). Successful Coaching and Study Guide. Champaign, IL: Human Kinetics
- b. Coaching Principles Test

The above come in a package and are necessary to complete the Coaching Principles accreditation.

- c. Williams, J. (2010). Applied Sport Psychology: Personal Growth to Peak Performance, 6th Edition. NY, NY: McGraw-Hill.

IV. Academic Course Requirements:

- a. Attendance: only 10% of class is excused for any reason
- b. Assigned readings
- c. Participation in class discussions
- d. 4 topic specific tests.
 - i. ASEP Accreditation Test – 20%
This test will be the first test and the only paper and pencil test. It will be collected in class and mailed to the ASEP center for grading. Passing the ASEP test with a score of 80% or better will result in your name being added to the ASEP national registry. This registry is recognized by the National Federation of High School coaches and is a mandatory requirement to coach at the high school level in several states, especially if the coach does not have teaching certification. This feature of PEDU 650 is new this year and is the reason your textbook and course materials must be purchased through

ASEP.

- ii. Three other tests will cover topics covered in class including assigned readings and discussions. Each will be worth 20%

V. Administrative Course Requirements:

ATTENDANCE: Regular class attendance is expected. Daily attendance will be taken by the instructor or another student in the class. Students are obligated by university policy to attend class regularly, complete all assigned work promptly, and to participate in whatever class discussion may occur. Two absences without penalty are permitted in this class. *More than two absences, whether excused or unexcused, is considered excessive and will result in the lowering of the final grade by one letter grade per absence over three.* Doctor's appointments do not automatically excuse you from class. Doctor's appointments should be scheduled outside of class time. On time arrival to class demonstrates professional courtesy.

VI. Professional Requirements:

Physical Education and Athletic Training majors are required to earn a minimum of three professional points per semester for a total of six professional points during the academic year. Proof of three points are required by date on the blackboard website for the current semester or your grade will be lowered one grade level (e.g., an earned A drops to a B+) in this course and all PEDU courses. Evidence of professional points must be verified on the appropriate form (available on Blackboard and in office suite 218 Blatt PE Center) and placed in the PROFESSIONAL POINT BOX in suite 218 Blatt PE Center. Student status regarding professional points will be posted on Blackboard monthly. It is the obligation of students to confirm that the records are accurate and to provide appropriate evidence to support any disputes (make copies of all forms turned in). Please check Blackboard regularly and email or see Dr. Panayiotis Doutis (218-J) if you have any concerns or questions (doutisp@mailbox.sc.edu).

*NOTE: Any student, who begins the semester as a PEDU major, but subsequently changes majors, will still be held accountable for professional points in all PEDU courses.

VII. Cell Phones:

Cell phones should be turned off for class. The use of cell phones in any way during class is not permitted. This includes texting.

VIII. Dispositions

Professional dispositions including respect, acceptance of varying skills levels, prompt class and a sense of excitement for learning is expected..

IX. Evaluation and Grading:

- a. Attendance & Participation: 20%
- b. 4 on-line exams taken by the due dates specified in the class schedule: 20% each

Grading Scale:

90-100%	A
85-89%	B+
80-84%	B
75-79%	C+
70-74%	C
65-69%	D+
60-64%	D
59 – 0%	F

X. Course Outline:

PEDU 650

Weekly Calendar (Subject to Change)

Week of Jan 10

Course intro – notable aspects the course; opinion vs facts
ASEP course details and book ordering; Williams, Ch. 5

Jan. 17

Monday

No class (Martian Luther King Day)

Wednesday

ASEP Units 1-2

Jan. 24

ASEP Units 3-7

Jan. 31

ASEP Units 7-9

Feb. 7

ASEP Units 10-13

Feb. 14

ASEP Units 14-19

Feb. 21

ASEP Units 18-22; Test I review

Feb. 28

Monday

Motivation, Williams, Ch. 4

Wednesday

Leadership, Williams, Ch. 6

Test 1 due: ASEP paper and pencil test- bring test to class for collection

March 7

No Class/Spring Break

March 14

Monday

The sport team as an effective group, Williams, Ch. 7

Wednesday

Psychological characteristics of peak performance, Williams, Ch. 9; Test 2 review

March 21

Monday

Goal setting for peak performance, Williams, Ch. 11

Wednesday

Arousal-performance relationship, Williams, Ch. 12

Test 2 due (Chs. 5, 4, 6, 7)

March 28

Monday

Relaxation and energizing techniques, Williams, Ch. 13

Wednesday

Imagery, Williams, Ch. 14

April 4

Monday

Building confidence, Williams, Ch. 15

Wednesday

Concentration, Williams, Ch. 16; Test 3 review

March 11

Monday

When to refer athletes for counseling, Williams, Ch. 20

Wednesday

Drug abuse in sport, Williams, Ch. 21

Test 3 due (Chs. 9, 11, 12, 13, 15)

March 18

Monday

Injury risk and rehabilitation, Williams, Ch. 23

Wednesday

History of sport psychology, Williams, Ch.1; test 4 review

March 25

Catch up class

Monday: Due: Test 4 (Chs. 16, 20, 21, 23, 1)



JUSTIFICATION FORM

USC Columbia, Lancaster, Salkehatchie, Sumter & Union campuses

JUS

INSTRUCTIONS: Please attach a statement explaining the justification for the proposed program or course action. This form is available online at www.sc.edu/provost/acadprog.

Date: 10-21-11 Campus: Columbia

College/School: Education

Department (if applicable): Physical Education and Athletic Training

Degree Program (if applicable): _____

Undergraduate

Graduate

The title and bullet changes are being requested because they reflect the course content that has been taught for the past 5 years.



DEPARTMENT OF EDUCATIONAL STUDIES

October 14, 2011

Dear Dr. Monsma:

The Educational Studies Department fully supports the proposed name changes for PEDU 650, PEDU 730, and PEDU 829. Thanks for your consideration of the Educational Psychology program regarding interdisciplinary concerns.

Sincerely,

A handwritten signature in black ink, appearing to read "Robert L. Johnson".

Robert L. Johnson



JOHN M. HENDERSON, CHAIR
COLLEGE OF ARTS AND SCIENCES DISTINGUISHED PROFESSOR
DEPARTMENT OF PSYCHOLOGY

October 24, 2011

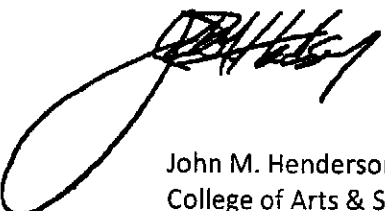
Eva Monsma, Ph.D.
Associate Professor
Developmental Foundations Area Head
Department of Physical Education & Athletic Training
University of South Carolina
Columbia, SC 29208

Dear Dr. Monsma:

There are no new courses or changes to existing courses that would conflict with the Course Change Proposals for PEDU 650 and PEDU 730.

Please let me know if you have any questions.

Sincerely,



John M. Henderson, Ph.D.
College of Arts & Sciences Distinguished Professor & Department Chair